

Itchen Spitfires Running Club



Junior Members and Child Protection Disclaimer

Please read the following club and parental responsibilities before signing the consent form and returning it to the club's Welfare Officer. The disclaimer must be returned prior to the child's first session with the club, otherwise the club can refuse to allow your child to take part.

The Club's Responsibilities

- Itchen Spitfires Running Club will allow children between 10 and 18 to attend sessions as long as parental responsibilities are adhered to at all times.
- The welfare of every junior member of Itchen Spitfires Club is important to the club. We have a duty of care to protect all child members from harm.
- The club will not provide specific junior club training, and will not encourage junior runners to compete in competitions.
- All child members - whatever their age, culture, disability, gender or beliefs have the right to protection from the risk of abuse through adherence to the code of conduct guidelines set by Itchen Spitfires Running Club.
- To promote running as a sport, to make it an enjoyable experience in a safe learning environment.
- Treat all junior members equally and with respect and dignity.
- Recognise the developmental needs and capacity of juniors.
- The club will ensure that all groups containing junior members will be adequately supervised during the session dependant on their age (see parental responsibilities).
- The club will ensure that all members who train/supervise junior members will have been subject to checks regarding their suitability for the role.
- Any photographs taken/published will solely be to promote the club or achievements of its junior members. Itchen Spitfires Running Club will respect the wishes of any parent/guardian of a junior member who do not want their children photographed.
- Make sure all sessions are explained to parents of any junior runners prior to it starting.

Parental Responsibilities

- I accept that if my child is aged 10 – 14 I must directly supervise them at all times. The only exception to this is if a Coach, Run Leader, or Welfare Officer deems the session suitable for direct and continuous supervision from a Run Leader.
- I acknowledge that if my child is aged 14 – 18 they may take part in sessions without my direct supervision, but if a Coach, Run Leader or Welfare Officer expresses concern then it is my responsibility to either directly supervise them during the session or withdraw them from the session immediately.
- I acknowledge that Itchen Spitfires Running Club will not require a joining fee for my child, but this will mean my child will not be an affiliated club member.
- I understand that it is my responsibility to decide if the session is suitable for my child, but I may be advised at any time that my child should not take part, at which point my child is solely my responsibility.
- I will not bring my child to any running sessions if he/she is unwell, injured or receiving prescribed medication that may affect their ability to exercise. I accept that the Run Leaders / Coaches can be asked for advice in respect of this and that it is not the responsibility of Itchen Spitfires Running Club to ensure that my child is fit to take part in the exercise.
- I will immediately report any concerns that I may have about the running sessions or associated matters to a Coach, Run Leader, Welfare Officer or to a committee member.
- I will ensure that my child is dressed in light colours during running sessions and a reflective top on dark evenings. I will ensure that my child's footwear is suitable for the exercise. I note that advice can be obtained from the club.
- I accept that if my child is reported for unruly behaviour that he/she may be banned from running with the club in future. I further accept that the Club's decision in respect of these matters is final.
- I will not bring other children as "a guest" of my child to the Club sessions.
- I agree to keep the club updated on any changes to the medical information provided.

Parents will be expected to sign the form below and return it to the club's Welfare Officer prior to the child's first session with the club.



Junior Members and Child Protection Disclaimer

Medical Declaration

Does your child / ward have any medical conditions / injuries / allergies we should be aware of?

YES/NO

If yes please provide specific information:

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If your child / ward is taking any medication please tell us about it here.

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If your child / ward requires any additional support please tell us about it here.

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Parental Consent

I will not hold Itchen Spitfires Running Club or any of its members responsible for any injury, illness or accident sustained during any session in which my child is taking part in, no matter what the circumstances.

I understand that Itchen Spitfires Running Club undertake all safeguarding procedures that it can in for the wellbeing of my child and any other members.

I agree to complete a new declaration for my child each year that I renew my membership.

NAME OF CHILD (print in full):

AGE OF CHILD: 10 -14 14-18

DOB OF CHILD:/...../.....

NAME OF PARENT / GUARDIAN:

PARENT / GUARDIAN SIGNATURE:

I give consent for photographs of my child to be taken and used (occasionally) on the club website and/or social media CLOSED group: YES / NO